



Lydney Tennis Club AGM
Monday 14th November 2022 @ 7:30pm
Coach's Report

It's been what I would describe as, a successful year of coaching. No major incidents preventing us from delivering high quality lessons throughout the whole year.

The coaching programme continues to deliver a wide range of lessons and sessions for all ages, abilities and fitness levels. I don't have exact figures but I would say the majority of the membership, in some way, have taken part in what's offered by the coaching team over the past year.

It's become an annual tradition to write in my coach report that I have tried, unsuccessfully, to set up a men's coaching group due to lack of interest. I'm very pleased to report that over the past year this has all changed and I now have a dedicated group of men who attend coaching weekly. They started out as beginners but have quickly developed into match players who are now competing in the mixed winter league.

A new cardio tennis session has been added to the programme on a Tuesday morning and has quickly become a popular session.

The coaching team have organised a few sociable tournaments this year, Jubilee Triples and for the first time, a Service Box Tournament and an American Doubles Tournament which was fundraiser for Prostate Cancer UK. All three had record numbers of entries and were a lot of fun!

Rachel James and Jess Geelhoed have qualified as level one coaches and have shown great progress in their coaching development.

As always, I want to thank Cath for her coaching and support. I'm not sure anyone quite realises what a vital role she plays in ensuring the success of the coaching programme here at Lydney Tennis Club.

I'd also like to thank the rest of the LTC committee for their continued support.

Rachael Wintle
Head Coach